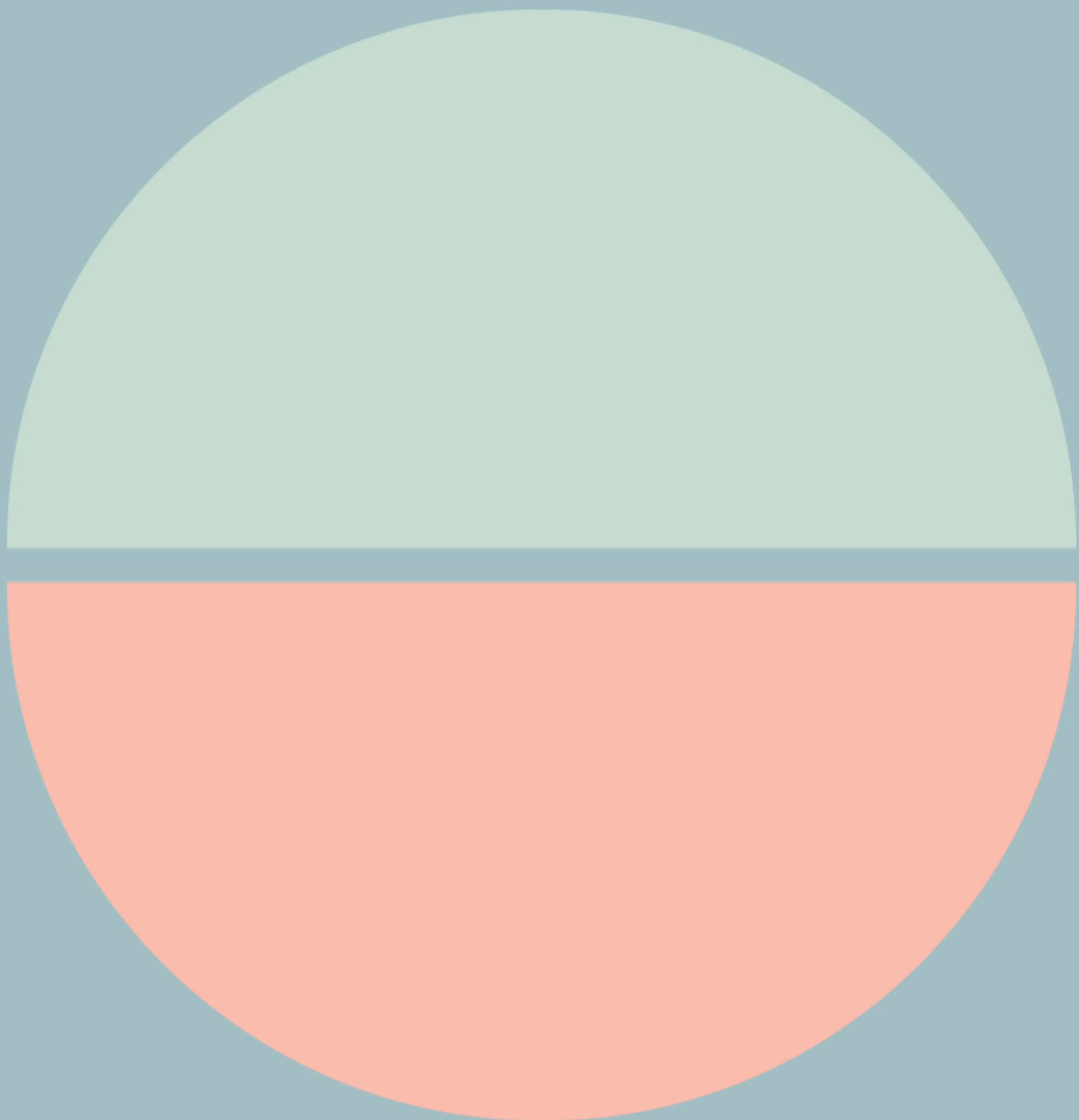




VINEYARD
COMPASSION



KNOW
ANYONE
IN NEED?



Vineyard Compassion provides people with practical, emotional & financial support at their crisis point of need while empowering them to tackle the underlying root causes of poverty.

All projects are a response to various needs encountered in Coleraine & along the Causeway Coast. The support Vineyard Compassion offers is available at no cost to everyone in the community.

OPEN DOOR

Drop-In - At the heart of the Hope Centre is the Open Door where we encourage everyone to engage first! This welcoming drop-in environment is the gateway to all the support that Vineyard Compassion offers. Our relaxed café style environment helps put people at ease as they tell their story, identify their need & access a range of support projects. Within these sessions people can receive emergency food, clothing or essential household items. Over a cup of coffee with a befriender, people can receive support that is tailored to their unique needs. We want to help empower people to overcome challenges so they can achieve their full potential in life.

A Mobile Open Door is offered in various rural locations through a 'Mobile Open Door' vehicle. Contact us for current time & location details.

MORNING SESSIONS

Tuesday, Wednesday & Friday, 11:30am - 1pm

EVENING SESSIONS Thursday 7-8pm

FOODBANK

Emergency Food - Causeway Foodbank provides short term, emergency food for individuals or families in crisis while a long-term solution is developed. Frontline care professionals (GP, Social Worker, Charity etc) refer clients by issuing Food Vouchers that provide balanced & nutritional meals for 3 days. Foodbank sessions take place within the Open Door drop-in sessions.

Available during OPEN DOOR sessions

Referrals only food vouchers via frontline care professionals

RESET

Food & Support - RESET is a social supermarket programme designed to support people to reset their priorities of food, finance & future stability by giving members access to low cost food & a variety of support services over a period of 6 months (Eligibility: benefits or low income). Members pay an initial membership fee plus a weekly subscription to shop for a variety of fresh, frozen & store cupboard food products. Must engage with support services throughout. Funded by the Department for Communities.

Available during OPEN DOOR sessions

EMERGENCY ESSENTIALS

Essential Items - Offers dignity to families in need by providing good quality clothing, shoes, toiletries/hygiene items, cleaning products, baby items, kids toys, kitchen items, household essentials & bedding.

Available during OPEN DOOR sessions

COMPASSION SUPPORT

Support - Provides one-to-one support & signposting for people, empowering & equipping them to move beyond the point of crisis or need, taking the critical steps from dependence to independence. An individual support plan is developed, where goals are set & the person supported to take their next steps towards achieving those goals.

Available during OPEN DOOR sessions

COMPASSION HOUSING

Emergency Housing - short / medium term accommodation for people who are homeless or at risk of homelessness, needing support while transitioning to long term independent living. The support empowers residents to find stability while working towards their goal of secured tenancy.

Referrals: via Housing Exec, frontline care professionals or self-referrals

Hope



SUPPORTED VOLUNTEERING

Volunteer - Offers a volunteer opportunity for people looking for a meaningful use of time in a supportive environment. Designed to reduce isolation & build community. Ongoing support is provided through a 'mentor' within several of our Provisions projects.

Friday 10am - 1pm

Call to arrange registration: 028 7022 0005

RE:CREATE

Employability Programme for Women - offers a 6 month opportunity for women to gain work experience within our Sustainability Social Enterprise - creating & upcycling reusable products while developing practical & employability skills in a mentor-led placement.

Tuesday 9.30am-12.30pm

Call to arrange registration: 028 7022 0005

LINK LOGS

Work placement - offers a voluntary work placement over four full days within the 'Link Logs' social enterprise - manufacturing firewood (kindling & log production lines), warehousing stock, managing sales, distribution to trade, retail, the public & home deliveries. *Prior registration required*

Monday - Thursday, 9:30am - 3:30pm

Call to arrange registration: 028 7022 0005

COMPASSION COUNSELLING

Counselling - Northern Emotional Wellbeing Service (NEWS) provides talking therapy & mental health support. Helping build resilience & learn new ways for coping with difficult emotions & situations. (Funded by NHSCT)

Self-refer online at

www.vineyardcompassion.co.uk/counselling
or Call 028 3834 3835'

Appointments facilitated by LINKS Counselling Service

REBOUND

Emotional Resilience Course - The Rebound course is a 6 week interactive, practical course that is designed to give practical tools to help build resilience into our lives with the support of a group to encourage one another along the way. As life deals us hard blows, learning how we recover determines how we can move forward into a more positive frame of mind.

Call to arrange registration: 028 7022 0005

CAP DEBT COUNSELLING

Debt Counselling - CAP is an award-winning UK wide charity offering hope & a solution to anyone in debt through confidential home visits. 'Hands on' expert advice & practical assistance will empower people to help themselves out of debt while teaching essential budgeting skills that will last a lifetime.

Call 0800 328 0006 to book an appointment with a local debt coach

CAP MONEY

Money Management - Explains basic money skills & how to take control of personal finances over 3 simple DVD-based sessions. Helps people gain a better knowledge of what they earn & spend, how to set up a manageable budget, get their accounts in order & learn to save.

Call 028 7022 0005 to register for the next course

CAP JOB CLUB

Employment - Job Club supports & empowers people to take steps towards employment. It is suitable for both recent & long term unemployed. Consists of 3 elements: 8-week course, weekly community (support group) & one-to-one job coaching.

Call 028 7022 0005 to register for the next course

EAT WELL SPEND LESS

Budget Cooking Skills - 6 week basic cooking & budgeting course that equips people to learn how to cook from scratch on a budget. The course explores what a healthy balanced diet looks like, teaches practical cooking skills & how to spend less on your food bills.

Call 028 7022 0005 to register for the next course

HOW TO REFER

Please signpost people in need of any support to our OPEN DOOR drop-in sessions or directly to any relevant projects using the details below each project.

HOW TO SUPPORT

If you would like to support Vineyard Compassion with donations of any kind or by volunteering, please contact our office for info on how you can help tackle poverty in the Causeway Coast area.

vineyardcompassion.co.uk

028 7022 0005



info@vineyardcompassion.co.uk

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